

Foster Parent Websites Resources (remember that all resources need to be trauma informed information to count the learning materials as training credit for your DCFS training transcript):

- 1) www.fosterparentcollege.com
- 2) www.attach.org
- 3) www.fosterparentstest.com
- 4) <http://www.autismillinois.org/resources/>
- 5) ilearning.inccrra.org/providers/gateway-to-opportunity-trainings.html
- 6) www.pepartnership.org/resources/search/advocacy/family-matters...
- 7) <http://dsc.uic.edu/>
- 8) NFCM@childwelfare.gov
- 9) www.CDC.gov/learning
- 10) <https://www.dcfstraining.org>
- 11) [Per DCFS, the OIG states that families can no longer utilize curriculum from the Love and Logic resources due to a foster parent in Illinois “reinterpreting” the instruction in the curriculum. So DCFS has given these 3 websites that are evidence based, trauma based]
 - a) www.incredibleyears.com from a series titled The Incredible Years; 30 years of research
 - b) www.nurturingparenting.com this is to access PEP/Parenting Education Programs
 - c) www.childwelfare.gov/learningcenter this is resources from the Children’s Bureau (national resource)
- 12) www.empoweredtoconnect.org trauma and neurology based training; encouraging adults to use TBRI (trust based relational interventions) with children from hard places; this is a free source of articles, download videos, etc ; put online by a church in Texas who regularly had Dr Karyn Purvis and her team from the Child Development Institute, Texas Christian Univ. who can also be accessed at TCU, www.child.tcu.edu.
- 13) www.ptsd.va.org With so many foster children being diagnosed with PTSD – this is a good resource; they have sections for abused children; sexually assaulted children; battered spouses; and sexually assaulted adults in addition to traumatized vets.
- 14) UIC Specialized Child Care (Online)
- 15) Day One PACT (Autumn Todd, service coordinator) at www.dayonepact.org. Serves DuPage, Kane, Kendall Counties and surrounding townships. Has linked with an organization in McHenry

County. Works with those with developmental disabilities and their families. Age range is the entire life span of infants through seniors,

- 16) Family Matters Information and Parent Training Center (online support)
- 17) www.ImAFoster.com has various articles of actual people's experiences as foster parents, as foster children, etc
- 18) Confessions of an Adoptive Parent blog, www.confessionsofanadoptiveparent.com
[www.Facebook.com/confessionsofanadoptiveparent](https://www.facebook.com/confessionsofanadoptiveparent)
ebook can be located titled, The Weary Parents Guide to Escaping Exhaustion